

LET'S GET CURRY AWAY

106. Curried Mini Prawn	\$20.50
107. Curried Chicken	\$19.50
108. Curried Beef	\$20.50
109. Curried Vegetables	\$17.00
110. Curried King Prawns.....	\$27.00
111. Curried Seafood	\$27.00

OMELETTE

112. Prawn Omelette	\$19.50
113. Chicken Omelette	\$19.50
114. Vegetable Omelette	\$17.00
115. Plain Omelette	\$17.00
116. King Prawn Omelette.....	\$27.00
117. Seafood Omelette.....	\$27.00
118. Scrambled Egg with King Prawns	\$27.00

VEGETABLES

119. Salt & Pepper Crispy Tofu.....	\$20.50
120. Satay Vegetables.....	\$17.00
121. Oyster Vegetables	\$17.00
122. Szechuan Vegetables	\$17.00
123. Garlic Vegetables.....	\$17.00
124. Stir Fried Mixed Vegetables.....	\$17.00
125. Vegetables Chow Mein.....	\$17.00

CHOW MEIN/CHOP SUEY

126. Chicken Chow Mein.....	\$19.50
127. Beef Chow Mein	\$20.50
128. Prawn Chow Mein.....	\$20.50
129. King Prawn Chow Mein.	\$27.00
130. Seafood Chow Mein	\$27.00
131. Combination Chow Mein.....	\$21.80

RICE

132. Special Fried Rice.....	\$13.50
133. Fried Rice.....Small \$10.50Large \$11.50	
134. Plain Rice.....Small \$5.00Large \$7.50	
135. Vegetables Fried Rice.....	\$11.50

KID'S MEALS

136. Chicken Nuggets with Chips.....	\$13.80
137. Fish or Calamari Rings with Chips.....	\$13.80

AUSTRALIAN MEAL

138. Fish and Chips with Salad	\$21.50
139. Chicken Schnitzel with Chips and Salad	\$21.50

GLUTEN FREE

Choose your Flavour:

Cashews	Garlic	Curry	Vegetables	Omelette
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141. Vegetables	\$17.00
142. Chicken.....	\$19.50
143. Beef	\$20.50
144. Combination.....	\$21.80
145. King Prawns.....	\$27.00
146. Seafood	\$27.00
147. Fried Rice.....S \$10.50 L \$11.50	
148. Vegetable Fried Rice.....	\$11.50
149. Special Fried Rice.....	\$13.50
150. Plain Rice.....S \$5.00L \$7.50	

DESSERTS

151. Ice Cream with Topping	\$5.50
152. Banana Fritters with Ice Cream	\$9.50
153. Banana Split with Ice Cream	\$9.50
154. Deep Fried Ice Cream	\$9.50

(Choice of topping Caramel, Strawberry or Chocolate)

BANQUET MENUS (Cash only)

FAMILY BANQUET

\$30.00 / per person (for minimum of 4)
Mixed Entree (one person)
Your Choice of the Chicken Dishes,
Beef Dishes, Combination Dishes,
Special Fried Rice

SILVER BANQUET

\$32.00 / per person (for minimum of 5)
Mixed Entree (one person)
Your Choice of the Chicken Dishes,
Beef Dishes, Combination Dishes,
and King Prawn Dishes
Special Fried Rice

GOLD BANQUET

\$34.00 / per person (for minimum of 6)
Prawn Chips
Mixed Entree (one person).
Your Choice of the Chicken Dishes,
Beef Dishes, Combination Dishes
King Prawn Dishes or Seafood Dishes
Special Fried Rice



MR ZHOU'S

Chinese Kitchen Teralba Bowling Club



02 4958 9753

0416 086 833

Trading Hours

LUNCH	11:30am - 2:00pm
DINNER	5:00pm - 8:30pm
	Monday Closed

- * Public Holiday extra 10% only on table
- * Container \$0.50
- * Fresh Chilli Soy Sauce \$3.00
- * Sweet & Sour Sauce Small \$3.00 Large \$5.00
- * Chilli Sauce \$3.00

*Prices are subject to change without notice.
All Prices include GST*

ENTREE

1. Mini Spring Rolls (6)	\$14.20
2. Vegetable Spring Rolls (6)	\$14.20
3. Large Spring Rolls (3)	\$14.20
4. Fried or Steamed Dim Sims (6)	\$14.20
5. Sesame Prawn Toast (4)	\$10.80
6. King Prawn Cutlets (3)	\$10.80
7. Prawn Cocktail	\$12.50
8. Mixed Entrée with Sweet & Sour Sauce ..	\$16.00
<i>(2 spring rolls, dim sim, 2 prawn toast & 2 Calamari Rings)</i>	
9. Crispy Fried Noodles	\$5.00
10. Curry Puff (10)	\$11.50
11. Satay Chicken Skewers (4)	\$10.80
12. Pork & Chive Pan Fried Dumplings (8)	\$14.80
13. Garlic Bread	\$4.80
14. Garlic Cheese Bread	\$6.80
15. Calamari Rings (4)	\$8.80
16. Hot Chips	\$7.80
17. Gravy	\$3.00

SOUP

18. Short Soup or Long Soup	\$8.80
19. Sweet Corn Chicken Soup	\$8.80
20. Combination Short Soup or Long Soup	\$16.50
21. Tom Yum Soup	\$10.80
22. Crab Meat Sweet Corn Soup	\$8.80

CHICKEN DISHES

23. Honey Chicken	\$19.50
24. Garlic Chicken	\$19.50
25. Chicken with Cashew Nuts	\$20.50
26. Chicken with Vegetables	\$19.50
27. Boneless Lemon Chicken	\$19.50
28. Mongolian Chicken	\$19.50
29. Chicken with Black Bean Sauce	\$19.50
30. Chicken with Oyster Sauce	\$19.50
31. Crispy Chicken with Plum, Peking or Sweet Chilli Sauce	\$21.80
32. Sweet & Sour Chicken Fritter	\$19.50
33. Szechuan Chicken	\$19.50

PORK

34. Sweet & Sour Pork	\$19.50
35. Salt & Pepper Spare Ribs	\$21.80
36. Pork Spare Ribs with Peking Sauce	\$21.80
37. Crispy Pork with Plum / Peking / or Sweet Chilli Sauce	\$21.80
38. Mongolian Pork	\$21.80
39. Garlic Pork	\$21.80
40. Garlic Chilli Pork	\$21.80

BEEF DISHES

41. Garlic Beef	\$20.50
42. Garlic Chilli Beef	\$20.50
43. Beef in Oyster Sauce	\$20.50
44. Beef with Black Bean Sauce	\$20.50
45. Mongolian Beef	\$20.50
46. Pepper Beef	\$20.50
47. Beef with Vegetables	\$20.50
48. Beef with Cashew Nuts	\$21.50
49. Crispy Beef with Plum, Peking or Sweet Chilli Sauce	\$21.80

DUCK DISHES

50. Deep Fried Duck with Lemon Sauce	\$27.00
51. Deep Fried Duck with Plum Sauce	\$27.00
52. Steamed Duck with Mushroom Sauce	\$27.00
53. Steamed Duck with Crab Meat Sauce	\$27.00

SEAFOOD

54. Garlic King Prawns	\$27.00
55. Honey King Prawn Fritter	\$27.00
56. King Prawns Black Bean	\$27.00
57. King Prawns with Cashew Nuts	\$27.80
58. King Prawns with Ginger & Shallot	\$27.80
59. King Prawns with Vegetables	\$27.00
60. King Prawns Oyster Sauce	\$27.00
61. Salt & Pepper King Prawn Fritter	\$27.00
62. Seafood with Ginger & Shallot	\$27.00
63. Seafood Oyster Sauce	\$27.00
64. Salt & Pepper Squid	\$21.80
65. Satay Squid	\$21.80
66. Squid with Ginger & Shallots	\$21.80
67. Squid with Oyster Sauce	\$21.80
68. Squid with Garlic Sauce	\$21.80
69. Squid with Chilli Sauce	\$21.80
70. Squid with Vegetables	\$21.80
71. Sweet & Sour Fish	\$21.80

CHEF'S SUGGESTIONS

72. Singapore Fried Noodles	\$20.50
73. Pad Thai with Chicken & King Prawns	\$20.50
74. Malaysian Char Kway Trow with Chicken, King Prawns & BBQ Pork	\$20.50
75. Stir Fried Flat Rice Noodles with Beef	\$20.50
76. San Chow Bao	\$21.80
77. Chinese Style Fillet Steak	\$21.80
78. Honey Pepper Steak	\$21.80

COMBINATION

79. Garlic Combination	\$21.80
80. Garlic Chilli Combination	\$21.80
81. Szechuan Combination	\$21.80
82. Satay Combination	\$21.80
83. Sambal Combination	\$21.80
84. Black Bean Combination	\$21.80
85. Combination Omelette	\$21.80
86. Curry Combination	\$21.80
87. Mongolin Combination	\$21.80
88. Combination Chow Mein	\$21.80

HOT & SPICY DISHES

89. Sambal Olek Seafood	\$27.00
<i>A combination of squid, prawn, seafood sticks, mussels</i>	
90. Sambal King Prawns	\$27.00
91. Sambal Beef	\$20.50
92. Sambal Chicken	\$19.50
93. Satay King Prawns	\$27.00
94. Satay Seafood	\$27.00
95. Satay Beef	\$20.50
96. Satay Chicken	\$19.50
97. Szechuan King Prawn	\$27.00
98. Szechuan Seafood	\$27.00
99. Szechuan Beef	\$20.50
100. Szechuan Chicken	\$19.50
101. Garlic Chilli Seafood	\$27.00
102. Garlic Chilli King Prawn	\$27.00
103. Garlic Chilli Beef	\$20.50
104. Garlic Chilli Chicken	\$19.50
105. Mapo Tofu with Pork Mince & Chilli Sauce	\$21.80